Year 1 / 2 Trip to Bargara Surf Lifesaver Club

On Monday, the 19th of November, Year 1 / 2 visited the Bargara Surf Lifesaver Club. Arriving at 10 am, the students had a quick morning tea before meeting Jamie, our educational lifesaver and his assistant, Raquel. Under the shade of the picnic area, Jamie gave a beach safety talk and explained basic surf lifesaving skills.

He displayed, with the help of the students, the many different coloured flags lifesavers use and what they stand for.

Yellow and red flags show the supervised area of the beach and that a lifesaving service is operating.

A yellow flag indicates there are potential hazards in the water. A yellow warning sign will be displayed with the yellow flag to show what you need to be careful of in the water.

A red flag indicates the beach is closed and that you should not enter the water.

A blue flag shows an area for board riding and surfing.

Black and white quartered flag indicates the area where board riding and surfing is not permitted.
A red and white quartered flag means to leave the water immediately. A shark may have been sighted.

Grace was the lucky person chosen to demonstrate what a life saver wears. The bright colours help swimmers identify them in the surf as well as on the beach.

Grace also had to rescue Gabbi after she strolled outside the yellow and red flags.

The students learned much about lifesaving and the many clubs all along the Queensland coast and northern New South Wales. Life Saving has been around for one hundred and five years and now their helicopter is chartered out to the police on the Gold and Sunshine Coasts to help assist track down thieves who steal cars and speed away.
Many questions were asked, including a lot about sharks. After reassuring them there were no sharks on Bargara beach, Jamie led the eager year ones and twos down to the beach. First they had a run and did some exercises before learning how to become a life saver.

Students had fun racing for the

It was a race to the water to pick up tennis

Students had relay races around Requel…
Everyone loved the boards.

Some found it easy,

while others took it in their stride.

After the lessons were finished, the students were allowed a free swim (between our two lifesavers). Hungry and thirsty, the students had a quick lunch before boarding the bus to come home. All had a wonderful time.